

Kelly Bulkeley, Ph.D.

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<http://sleepanddreamdatabase.org>

Education

The University of Chicago Divinity School

Ph.D., 1992

Religion and Psychological Studies

Harvard Divinity School

M.T.S., 1986

Christianity and Culture

Stanford University

B.A., 1984

Philosophy and Religious Studies

(Note: my diplomas use my legal birth name, George Edward Bulkley.)

Academic Honors

- Postgraduate: IASD Research Grant Award (with Tracey L. Kahan), 2008
Meid Mentorship Lecturer, Loyola Marymount College, 2007
Niles Lecturer in Religion and Science, St. Lawrence University, 2004
Winner, Religion and Science Course Award Program, 2000
Winner, *Common Boundary* Dissertation Award, 1999
- Graduate: Dissertation accepted with Distinction, 1992
Entering Fellowship in Ph.D. Studies, 1986-87
- Undergraduate: Graduate with Distinction, 1984

Current Positions

Director, The Sleep and Dream Database

Senior Editor, *Dreaming: The Journal of the Association for the Study of Dreams*

Contributing Editor, *Dream Time* magazine

Editorial Advisor, *Pastoral Psychology*

Board Member, The Oregon Shakespeare Festival

Publications: Books

The Scribes of Sleep: Insights from People Who Keep a Dream Journal (Oxford University Press, forthcoming)

Lucrecia the Dreamer: Prophecy, Cognitive Science, and the Spanish Inquisition (Stanford University Press, 2018)

Big Dreams: The Science of Dreaming and the Origins of Religion (Oxford University Press, 2016)

Lucid Dreaming: New Perspectives on Consciousness in Sleep, 2 volumes (co-edited with Ryan Hurd) (ABC-Clio, 2014)

Children's Dreams: Understanding the Most Memorable Dreams and Nightmares of Childhood (co-authored with Patricia Bulkley) (Rowman & Littlefield, 2012)

Teaching Jung (co-edited with Clodagh Weldon) (Oxford University Press, 2011)

Dreaming in the Classroom: Practices, Methods, and Resources in Dream Education (co-authored with Phil King and Bernard Welt) (State University of New York Press, 2011)

Dreaming in Christianity and Islam: Culture, Conflict, and Creativity (co-edited with Kate Adams and Patricia M. Davis) (Rutgers University Press, 2009)

Dreaming in the World's Religions: A Comparative History (New York University Press, 2008)

American Dreamers: What Dreams Tell Us about the Political Psychology of Conservatives, Liberals, and Everyone Else (Beacon Press, 2008)

Soul, Psyche, Brain: New Directions in the Study of Religion and Brain-Mind Science (Editor) (Palgrave, 2005)

Dreaming Beyond Death (co-authored with Patricia Bulkley) (Beacon Press, 2005)

The Wondering Brain: Thinking About Religion With and Beyond Cognitive Neuroscience (Routledge, 2005)

Dreams of Healing: Transforming Nightmares into Visions of Hope (Paulist Press, 2003)

Dreams: A Reader on the Religious, Cultural, and Psychological Dimensions of Dreaming (Editor) (Palgrave, 2001)

Transforming Dreams (John Wiley & Sons, 2000)

Visions of the Night: Dreams, Religion, and Psychology (State University of New York Press, 1999)

Dreamcatching (Co-authored with Alan Siegel) (Three Rivers Press, 1998)

An Introduction to the Psychology of Dreaming (Praeger, 1997) (Second revised edition, 2017)

Among All These Dreamers: Essays on Dreaming and Modern Society (Editor) (State University of New York Press, 1996)

Spiritual Dreaming: A Cross-Cultural and Historical Journey (Paulist Press, 1995)

The Wilderness of Dreams: Exploring the Religious Meanings of Dreams in Modern Western Culture (State University of New York Press, 1994)

Publications: Articles and Book Chapters

In press. Dreaming and the COVID-10 pandemic: A survey in a US American sample. *Dreaming*. (Co-authored with Michael Schredl)

In press. Dream-Sharing, Play, and Cultural Creativity. In *New Directions in the Anthropology of Dreaming* (edited by Jeannette Mageo and Robin Sheriff) (Routledge).

2020. Parasomnias in English Literature: Sleep and Dream Phenomena in *Macbeth*, *A Christmas Carol*, *Alice in Wonderland*, and *Harry Potter*. In *Parasomnia Dreaming: Sleep-State Specific Consciousness* (edited by James Pagel) (Nova Science Press), 321-342.

2019. Attitudes towards Dreaming: Effects of socio-demographic and religious variables in an American sample. *International Journal of Dream Research* 12 (1), 75-81. (Co-authored with Michael Schredl)

2019. Dream-sharing frequency: Associations with sociodemographic variables and attitudes toward dreams in an American sample. *Dreaming* 29: 211-219. (Co-authored with Michael Schredl)

2019. The Subversive Dreams of Alice in Wonderland. *International Journal of Dream Research* 12 (2): 49-59.

2019. Dreaming Is Imaginative Play in Sleep: A Theory of the Function of Dreams. *Dreaming* 29: 1-23.

2018. The Royal Road Meets the Data Highway. In *Depth Psychology and Mysticism* (edited by Thomas Cattoi and David Odorisio) (Palgrave Macmillan), pp. 49-64.
2018. The Meaningful Continuities Between Dreaming and Waking: Results of a Blind Analysis of a Woman's Thirty-Year Dream Journal. *Dreaming* 28: 337-350.
2018. Using the LIWC Program to Study Dreams. *Dreaming* 28: 43-58. (Co-authored with Mark Graves)
2017. A Response to the Readers of *Big Dreams*. *Pastoral Psychology* 66:715-719.
2016. *Cthulhu Fhtagn*: Dreams and Nightmares in the Fantasy Fiction of H.P. Lovecraft. *Dreaming* 26: 50-57.
2015. Dreams as a Source of Supernatural Agent Concepts. *Frontiers in Psychology* 6:283. (co-authored with Patrick McNamara)
2015. Dream. In *Vocabulary for the Study of Religion* (edited by Robert Segal and Kocku von Stuckrad) (Brill).
2015. The Digital Revolution in Dream Research. In *Dream Research: Contributions to Clinical Practice* (edited by Milton Kramer and Myron Glucksman) (Routledge).
2014. Digital Dream Analysis: A Revised Method. *Consciousness and Cognition* 29: 159-170.
2014. Religious Worship and Dream Recall: New Results from an American Survey. *Pastoral Psychology* 63 (2): 123-132.
2014. Religious Conversion and Cognitive Neuroscience; Dreaming and Conversion. In *Handbook of Religious Conversion* (edited by Lewis Rambo and Charles Farhadian) (Oxford University Press).
2013. Data Mining Our Dreams. *The New York Times* (October 20), SR-14.
2013. The Dream Logic of *Twin Peaks*. In *Fan Phenomena: Twin Peaks* (edited by Marisa C. Hayes and Franck Boulegue) (Intellect Ltd), 66-73.
2012. Dreaming in Adolescence: A "Blind" Word Search of a Teenage Girl's Dream Series. *Dreaming* 22(4): 240-252.
2012. Dream Recall and Political Ideology: Results of a Demographic Survey. *Dreaming* 22(1): 1-9.

2012. Ancient Greek Dream Beliefs; Dreams and Religion; Dreams in Fantasy Literature; Jung's Dream Theory. In *Encyclopedia of Sleep and Dreams* (edited by Deirdre Barrett and Patrick McNamara) (ABC-Clio).
2011. The Wondering Brain: Dreams, Religion, and Cognitive Neuroscience. In *Changing Minds: Religion and Cognition Through the Ages* (edited by I. Czachesz and T. Biro) (Peeters), 75-85.
2011. Big Dreams: The Science of Highly Memorable Dreams. In *On Dreams and Dreaming* (edited by Sudhir Kakar) (Penguin Books), 1-20.
2011. Big Dreams: An Analysis Using Central Image Intensity, Content Analysis, and Word Searches (co-authored with Ernest Hartmann). *Dreaming* 21(3): 157-167.
2010. Dreams and Dream Interpretation. In *Encyclopedia of the Bible and its Reception* (edited by Matthew Collins) (De Gruyter).
2010. Dreaming as Inspiration: Evidence from Philosophy, Religion, Literature, and Film. *International Review of Neurobiology* 92: 31-46
2010. Freud and Neuroscience: A Return to Origins. In *Disciplining Freud on Religion* (edited by William Parsons) (Rowman & Littlefield), 147-165.
2010. Detecting Meaning in Dream Reports: An Extension of a Word Search Approach. (co-authored with G. William Domhoff). *Dreaming* 20(2): 77-95.
2009. Seeking Patterns in Dream Content: A Systematic Approach to Word Searches. *Consciousness and Cognition* 18: 905-916.
2009. Mystical Dreaming: Patterns in Form, Content, and Meaning. *Dreaming* 19(1): 30-41.
2009. The Religious Content of Dreams: A New Scientific Foundation. *Pastoral Psychology* 58(2): 93-101.
2008. The Impact of September 11 on Dreaming. (Co-authored with Tracey L. Kahan.) *Consciousness and Cognition* 17:1248-1256.
2007. Sacred Sleep: Scientific Contributions to the Study of Religiously Significant Dreaming. In *The New Science of Dreaming* (edited by Patrick McNamara and Deirdre Barrett) (Praeger Perspectives), 71-94.
2006. Consciousness and Neurotheology. In *Science, Religion, and Society: History, Culture, and Controversy* (edited by Gary Laderman and Arri Eisen) (M.E. Sharpe).

2006. Sleep and Dream Patterns of Political Liberals and Conservatives. *Dreaming* 16(3): 223-235.
2006. Mystical Dreaming, in the Shadow of Apocalypse. *Elixir* 1(3): 33-39.
2006. The Origins of Dreaming: Perspectives from Science and Religion. In *Where Man and God Meet: The New Sciences of Religion and Brain* (edited by Patrick McNamara) (Praeger Perspectives).
2006. Review of Altamira Press' "Cognitive Science of Religion Series." *The International Journal for the Psychology of Religion* 16(3): 239-242.
2006. Revision of the Good Fortune Scale: A New Tool for the Study of "Big Dreams." *Dreaming* 16(1): 11-21.
2005. Earliest Remembered Dreams. *Dreaming* 15(3): 205-222.
2005. The Dreams We Dream For Each Other. In *Catalog for the DreamingNow 2005 Exhibit*, Rose Art Museum, Brandeis University.
2004. Dreaming Is Play II: Revonsuo's Threat Simulation Theory in Ludic Context. *Sleep and Hypnosis* 6(3): 119-129.
2004. Dreaming of War in Iraq: A Preliminary Report. *Sleep and Hypnosis* 6(1): 19-28.
2003. The Gospel According to Darwin: The Relevance of Cognitive Neuroscience to Religious Studies. *Religious Studies Review* 29(2): 123-129.
2003. Dreams and the Cinema of David Lynch. *Dreaming* 13(1): 49-60.
2002. East Meets West in Cambridge: A Report on the "Science and Mind/Body Medicine" Conference. *PCR News* 25(2): 4-6.
2002. Reflections on the Dream Traditions of Islam. *Sleep and Hypnosis* 4(1): 1-11.
2002. Dream Content and Political Ideology. *Dreaming* 12(2): 61-78.
2000. It's All Just a Bad Dream. *San Francisco Chronicle* (December 6): A27.
2000. Dream Interpretation: Practical Methods for Pastoral Care and Counseling. *Pastoral Psychology* 49(2): 95-104.
2000. Introduction to the Special Issue on Historical Studies of Dreaming. (With Hendrika Vande Kemp.) *Dreaming* 10(1): 1-6.
1999. Who's Right in the Family Values Debate? A Review of the Books from the

- Religion, Culture, and Family Project. *Religious Studies Review* 25(2): 141-145.
1999. Touring the Dream Factory: The Dream-Film Connection in “The Wizard of Oz” and “A Nightmare on Elm Street.” *Dreaming* 9(1): 101-110.
1999. Home; Sacred Marriage. In *The Encyclopedia of Women and Religion* (edited by Serinity Young) (Macmillan).
1999. Insomnia. In *The Dictionary of Pastoral Studies* (edited by Joanna Moriarty) (SPCK Press).
1998. Penelope as Dreamer: A Reading of Book 19 of *The Odyssey*. *Dreaming* 8(4): 229-242.
1996. Dream-Sharing Groups, Spirituality, and Community. *Journal of Religion and Health* 35(1): 59-66.
1996. Dreaming as a Spiritual Practice. *Anthropology of Consciousness* 7(2): 1-15.
1995. Conversion Dreams. *Pastoral Psychology* 44(1): 3-12.
1995. Psychological and Spiritual Development in Childhood. *Religious Studies Review* 21(2): 86-90.
1994. Dreaming in a Totalitarian Society: A Reading of Charlotte Beradt’s *The Third Reich of Dreams*. *Dreaming* 4(2): 115-126.
1993. The Evil Dreams of Gilgamesh: An Interdisciplinary Approach to Dreams in Mythological Texts. In *The Dream and The Text: Essays on Literature and Language* (edited by Carol Schreier Rupprecht) (State University of New York Press).
1993. Why Study Dreams? A Religious Studies Perspective. (Co-authored with Wendy Doniger) *Dreaming* 3(1): 69-73.
1993. Dreaming is Play. *Psychoanalytic Psychology* 10(4): 501-514.
1993. Jung’s Dream Theory. In *The Encyclopedia of Sleep and Dreaming* (edited by Mary A. Carskadon) (Macmillan).
1992. Dreams, Spirituality, and Root Metaphors. *Journal of Religion and Health* 31(3): 197-206.
1991. The Quest for Transformational Experience: Dreams and Environmental Ethics. *Environmental Ethics* 13(2): 151-163.
1991. Gods and REMs: The Implications of Recent Dream Research for the

Psychology of Religion. *Pastoral Psychology* 41(6): 349-358

1991. Interdisciplinary Dreaming: Hobson's Successes and Failures. *Dreaming* 1(3): 225-234.

Book Reviews Written For:

Journal of the American Academy of Religion
Journal of Religion
Religious Studies Review
Dream Time
Theology and Psychology

Manuscripts Reviewed For:

Oxford University Press
State University of New York Press
Columbia University Press
University of California Press
Rutgers University Press
Palgrave Macmillan
Journal of Religion
History of Religions
Journal of the American Academy of Religion
JAAR Academy Series
Dreaming
Sleep and Hypnosis
Journal of Anthropological Research
Journal of Political Psychology
Nederlands Theologisch Tijdschrift
Psychological Reports
Jason Aronson Publisher
Journal of the Royal Anthropological Institute
Religion

Professional Memberships

American Academy of Religion
American Psychological Association, Division 36, Psychology of Religion
International Association for the Study of Dreams
American Anthropological Association

Courses Taught

2020 **The University of Chicago**
Dreaming, Religion, Psychology, RLST 24504

This course examines the rise of psychological approaches to the nature and functions of dreaming, especially dreams with potentially religious significance. Psychologists have proposed several different models for understanding dreams, starting with the early 20th century work of Freud and Jung and continuing into the 21st century with sleep laboratory research and cognitive neuroscience. Each of these models takes a distinctive stance towards certain recurrent forms and types of dreaming that are frequently interpreted in religious, spiritual, or existential terms. This course will look closely at how well modern psychological theories are able to account for the occurrence of such dreams as reported in historical and contemporary settings.

1995-2010

The Graduate Theological Union

Dreaming in the World's Religions (co-taught with Patricia M. Davis and Lewis Rambo), PSHR 4208

Mind, Habit, Change, Conversion (co-taught with Mark Graves, David Gortner, et al.), PSST 4298

Psychology of Religion (co-taught with Lewis Rambo and Patricia M. Davis), PSHR 4870

Religion and Psychology: Methods (co-taught with Lewis Rambo and Steven Bauman), PS 5506

The Soul, the Psyche, the Brain, PS 5175

Religion and the Life Cycle, PS 2125

Dreams and Visions, PS 2360

The Psychology of Religion (co-taught with Lewis Rambo), PS 5150

The Spiritual Growth of Children, EDSP 4062

These courses critically examine Western psychological research on the nature of religion. Classical and contemporary studies are included. In addition to traditional psychological studies of Christianity and Judaism, the courses address the psychological investigation of religious belief, practice, and experience in non-Western cultures. Special attention is given to the implication of these issues for pastoral caregiving, psychotherapy, child development, and cultural criticism.

1999-2009 **John F. Kennedy University**

The Psychology of Dreaming, ISD 5012

Dreaming as a Spiritual Practice, CNS 5219

Cross-Cultural History of Dreaming, CNS 5211

Sleep, Dreams, and Consciousness, CNS 5030

These courses introduce students to the various religious and cultural practices used to interpret and explore dreams through history, with discussion of how these practices relate to the contemporary work of Western researchers and psychotherapists.

2002-2014 **University of Philosophical Research**
Dreams and the Quest for Meaning, MTP 652

This course focuses on the influence of dreaming on the world's religious and spiritual traditions. The first seven lectures concentrates on one particular area and/or tradition (the Ancient Near East, Judaism, Ancient Greece, Christianity, Islam, Buddhism, Native American cultures); The eighth lecture highlights the discoveries of Sigmund Freud and C.G. Jung; the ninth discusses recent findings in the neuropsychological functioning of the brain/mind system during sleep and dreaming; and the tenth looks to the future of dream research.

1996-2000 **Santa Clara University**
Religion and the Life Cycle, RS 63
Psychology and Religion: Quest for the Self, RS 62
Dreaming: Religious and Scientific Approaches, RS 186

These three courses present students with new perspectives on the relationship between religion and psychology, focusing on what religious traditions and modern psychological research have to say about such topics as the soul, consciousness, free will, moral reasoning, secularization, creativity, human development, the influence of culture, and the nature of God.

1990-1993 **The University of Chicago**
Self, Culture, and Society, Social Sciences 121-122-123

This year-long series of courses is part of the undergraduate core curriculum at the University of Chicago. The courses introduce first-year students to classic works in the social sciences (e.g., Adam Smith, Karl Marx, Max Weber, Emile Durkheim, Sigmund Freud, Claude Levi-Strauss, Michel Foucault) and to contemporary research in psychology, anthropology, and sociology.